

**We are not a crisis service.**  
**For immediate safeguarding concerns**  
**contact an appropriate emergency**  
**service or Children's Social Care.**

### Getting advice

Professionals or family member(s) /  
carer(s) concerned about the mental health  
of a CYP please call:

**01606 555120**

(Between 13:00 & 17:00 Mon-Fri, exc. BHs)  
Referrals made by email **ONLY** (by professionals)

### Making a referral

Professionals working with a CYP and  
their family / carer(s) can initially discuss  
a potential referral by calling the advice  
line, and (if required) then make a referral  
via:

**[cwp.cyp.wellbeinghub@nhs.net](mailto:cwp.cyp.wellbeinghub@nhs.net)**  
(professionals only email address)

**Available for children and young people  
(CYP) registered with a GP in the South  
Cheshire and Vale Royal areas.**



If you require translation services or a copy of this  
document in other languages, audio tape, Braille or  
larger print, please speak to a member of CWP staff  
or e-mail **[cwp.info@nhs.net](mailto:cwp.info@nhs.net)**

**[www.mycamhschoices.org](http://www.mycamhschoices.org)**

"FAQs about Child & Adolescent Mental  
Health Services (CAMHS) answered by  
young people and CAMHS  
professionals"

**[www.youngminds.org.uk](http://www.youngminds.org.uk)**

"Young Minds offers information for  
children and young people, parents/  
carers and professionals about CAMHS,  
how to look after yourself and what to do  
if you're worried about a young person. It  
also includes a CAMHS glossary and a  
who's who in CAMHS"

**[www.time-to-change.org.uk](http://www.time-to-change.org.uk)**

"Time to Change offers information and  
advice for young people and parents/  
carers about mental health and how to  
support someone who is struggling"

#### Feedback

We welcome any suggestions you have,  
please send your comments, concerns and  
compliments to:

PALS, Patient and Carer Experience Team,  
Trust Headquarters, Redesmere,  
Countess of Chester Health Park,  
Liverpool Road, Chester, CH2 1BQ.

The information in the leaflet was valid at the  
date of production 26/09/2019 and is due for  
review in 26/09/2021.

Leaflet code: D-CYPWH-19-808



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**Cheshire and Wirral  
Partnership**  
NHS Foundation Trust

# Introducing

## The Children & Young People's Wellbeing Hub

Helping people to be  
**the best they can be**

# Getting Advice

## *Calling the advice line*

Professionals or family member(s) / carer(s) concerned about the mental health of a CYP please call:

**01606 555120**

(Between 13:00 & 17:00 Mon-Fri, exc. BHs)

Referrals made by email **ONLY** (by professionals)

## Things to consider

*“Potentially, would a specialist mental health service be helpful?”*

*“What could current professionals and also family members / carers do alongside a CYP to support them?”*

*“How could difficulties be best understood for the CYP?”*

*“What resources may be helpful?”*

Vale  
Royal

South  
Cheshire

Line Open  
13:00 - 17:00

Monday  
to Friday  
Excl.  
Bank  
Hols.



*“Encouraging people to thrive by ensuring appropriate access and signposting to mental wellbeing help & support”*

# Requesting Support

## *Making a referral*

Professionals working with a CYP and their family / carer(s) can initially discuss a potential referral by calling the advice line, and (if required) then make a referral via:

[cwp.cyp.wellbeinghub@nhs.net](mailto:cwp.cyp.wellbeinghub@nhs.net)  
(professionals only email address)

## Professionals may include:

- Health Care Professionals
- Social Care Professionals
- Education Professionals

Call us on  
**01606 555120**

Professionals  
can email us on:  
[cwp.wellbeinghubadmin@nhs.net](mailto:cwp.wellbeinghubadmin@nhs.net)