

Middlewich & Surrounding Area

Activity Timetable

Venue	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
MIDDLEWICH							
Middlewich Methodist Church, Booth Lane	Allsorts Group, every other week – refreshments, games, 1.30 – 3.30pm £1.50	Knit and Natter (weekly) 1.15 – 12 noon	Middlewich Hub Second Wednesday of the month For information about organisations attending please contact Lucie Ferneyhough (07929 717909)			Coffee Morning once a month 10 – 11am £2	Church Service 10.30 - 11.30am Tea and coffee are served after the service
Middlewich Library 22 Lewin Street, Middlewich CW10 9AS	Learn my Way 2 – 4pm. Self-guided online short courses Free	Rhymetime 10.00 - 10.30am - weekly. Suitable for pre-school children. Free event		Stories and Songs 10.00 - 10.30am - weekly. Stories, rhymes and activities for pre-school children and their grown-ups. Free	British Sign Language - 10.00am onwards - fortnightly. Join our BSL basics signing group. All adult beginners welcome. Free	Crafter-days - 10.30 -12 .30pm - monthly. £2.50 includes all materials and refreshments.	
	Mini Builders - 10.00 - 10.30am - weekly. Suitable for pre-school children. Story	Middlewich Hub 10.30 – 12.00 noon First Tuesday of the Month.		Learn my Way 2 – 4pm. Self-guided online short courses Free	Check it Out! - 3.15 - 4.15pm - monthly children's book group. Enjoy games, crafts	Lego Club 11.00 - 12.00 noon – every 4 weeks. Free, drop-in event.	

	themed building and free play. Free	For information about organisations attending please contact Lucie Ferneyhough (07929 717909)			and stories. Free.		
					Knit and Natter - 2.30 - 3.30pm - weekly. From beginners to experts, just bring along your knitting, crochet, or needlework, Enjoy a chat and a cuppa. Free; £1.00 for refreshments		
Middlewich Town Council Victoria Buildings, Lewin Street, Middlewich CW10 9AS			Middlewich Warm Space 3 – 5pm Includes a free drink				
			CW10 Youth Hub 6.00 – 8.00pm Yr 6 – 16 Free				
Wych Centre Civic Way Middlewich Cheshire CW10 9BX				Middlewich Youthie 5 – 8pm Ages 8 – 12 years			

St Michael and All Angels Church Hightown, Middlewich, Cheshire CW10 9AN							
No 28, Hightown, Middlewich, CW10 9AN							
Middlewich Community Centre 6 Queen Street, Off St Anns Walk							
St Mary's R C Church, 2 New King Street, Middlewich CW10 9EB				Craft Group - every second Thursday 1.00 - 3.00pm. Contribution £1	Carers & Tots - every Friday 10.00am. Contribution £1		
United Reformed Church, 53 St Ann's Rd, Middlewich CW10 9BY			Over 60's Group Second and Fourth Wednesday, 2.00 - 4.00pm Anyone looking to join the club can contact	Church Coffee Morning First Thursday of the Month, 10.00 - 11.00am £1.50 inc. drink and a crumpet or teacake			

			<p>Norma Taylor 01606 833883</p> <p>Café Worship Third Wednesday of the month, 1pm Tea and coffee, sandwiches, savouries and home-made cake. Donations welcome</p> <p>Middlewich Women's Club First Wednesday of the month at 2.00pm. For more information contact 01606 833115 or 01606 832308.</p>			
<p>Middlewich Community Church 34-36 Brooks Lane, Middlewich, CW10 0JG</p>			<p>Microtots Baby & Toddler Group 9.45 – 11.30am £1 per child inc. refreshments</p> <p>Connect 50 (ladies group for age 50+) – Meet the 3rd Wednesday of</p>			<p>Main Service, 10.30am Kids (Reception – Yr 6) & Youth Church (Yr 7+) run alongside main service</p>

			every month 13:30 – 15:00 Free				
Willowmere, East Road, Middlewich, Cheshire CW10 9HW 01606 835 413 Activities for over 55's	Restaurant is open for breakfast and lunch 9am – 2pm	Restaurant is open for breakfast and lunch 9am – 2pm	Restaurant is open for breakfast and lunch 9am – 2pm	Restaurant is open for breakfast and lunch 9am – 2pm	Restaurant is open for breakfast and lunch 9am – 2pm	Restaurant is open for breakfast and lunch 9am – 2pm	9.00 - 3.45pm Sunday Lunch in the restaurant
	Tai Chi 10-11am All abilities welcome. £7	Reading Group every Tuesday apart from the first 10.30am Free	Friendship Group with Len 1.30 – 3.30pm Free	Zumba Gold 10 – 11am	Wii Sports 3pm Free	Meditation exercises with Jai 10-11am Free	
	11am Art class with Rob All abilities welcome. Free		Crafting 4pm Free	Cheshire East Carers Hub Second Thursday of the month) 10.30 – 12.30pm	Indoor Bowling and refreshments – Every other Friday. All abilities welcome.	Quiz – Every Saturday at 1.30pm. £1	
				Cash Bingo with Bob (every other week) 3pm 3 Games £5			

				Card Making 4pm Free			
Turnpike 78 Warmingham Lane, Middlewich, CW10 0DJ						Middlewich Armed Forces and Veterans Breakfast Club meet every third Saturday in the month at 10:00. Free to participate, all you pay for is your breakfast	

USEFUL INFORMATION

Support with utilities

Warm Home Discounts are going live in November 2022

There is also the United Utilities Hardship fund for water debt - [Application form - United Utilities Trust Fund : United Utilities Trust Fund \(uutf.org.uk\)](https://www.uutrust.org.uk/)

There are also the Household Support Funds through CE

- www.cheshireeast.gov.uk/household-support-fund
- www.cheshireeast.gov.uk/household-support-inquiry

Utility hardship grants:

Energy suppliers will support young people to access up to 3 emergency top ups in times of crisis (although I have known them to do more than this on occasion)

<https://www.citizensadvice.org.uk/consumer/energy/energy-supply/get-help-paying-your-bills/grants-and-benefits-to-help-you-pay-your-energy-bills/#h--a-name-grants-to-help-pay-energy-debts-a-grants-to-help-pay-off-your-energy-debts>

The following energy suppliers offer grants to their customers:

- British Gas Energy Support Fund - [apply for a grant on the British Gas Energy Trust website](#)
- Scottish Power Hardship Fund - [apply for a grant on the Scottish Power Hardship Fund website](#)
- Ovo Energy Fund - [apply for a grant on the Ovo Energy Fund website](#)

- E.ON Energy Fund - [apply for a grant on the E.ON Energy Fund website](#)
- E.ON Next Energy Fund - [apply for a grant on the E.ON Next Energy Fund website](#)

- EDF Energy Customer Support Fund - [sign up to the priority services register to apply for a grant on the EDF Energy website](#)
- Bulb Energy Fund - [apply for a grant on the Bulb Energy Fund website](#)
- Octopus 'Octo Assist Fund' - [apply for a grant on the Octopus website](#)
- Shell Energy Support Fund - [apply for help on the Shell Energy website](#)

[check if you can get a grant from the British Gas Energy Trust](#) – They may support customers with grants if they are NOT registered with British gas.

Breathing Space (Debt Respite Scheme) - If you live in England or Wales, you can get temporary protection from your creditors while you get debt advice and make a plan. This scheme is called 'Breathing Space'. You can get temporary protection for up to 60 days. You'll still need to make your debt repayments.

To apply for the 'Breathing Space' scheme, you need to talk to a debt adviser. They will submit an application on your behalf if it's the right thing to do. You can [find a free debt adviser](#) on the MoneyHelper website. You can get confidential advice online, over the phone or in person. If you're receiving mental health treatment and cannot speak to a debt adviser, someone else can do so on your behalf. Please click on the link for more information [Options for paying off your debts: Breathing Space \(Debt Respite Scheme\) - GOV.UK \(www.gov.uk\)](#).

The [Energy Saving Trust](#) has shared some quick and easy tips to save energy and money.

For some desk-based staff, it can be hard to keep warm throughout the day when you're not moving much, so it's important to make the most of the times you do move to avoid getting too cold. Here are some [practical tips](#) that may give you some ideas for beating the chill and avoid turning up the heating!